

# Sustainable & Ethical Food Directory!



Welcome to the OUSU Environment and Ethics Ethical Food and Drink Directory. Please check out our website for updated versions and counterpart Food and Drink Directory.

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## FOOD

### *fairtrade*

#### **Fairtrade@ St.Michael's**

Monday-Saturday 10am -5pm

Underneath St.Michael's church at the end of Cornmarket

This little cellar has a huge selection: everything from Fairtrade pasta and rice to clothing and gifts. A particularly good range of cereal, jams, teas and coffees. They do a student discount and are very open to getting involved with student events.

<http://www.fairtradeatstmichaels.co.uk/>

#### **Oxfam**

Oxfam shops will supply fair trade goods and buy back any you have left over.

## *General*

### **Uhuru Wholefoods**

Mon-Fri 10am-6pm, Sat 9.30-5.30

48 Cowley Road

Organic and natural foods, locally produced foods, vegan and veggie takeaways, eco-friendly biodegradable products.

## *Supermarkets*

**Co-op:** Ethical trading pioneer, with large fairtrade range, leading business on sustainability, almost 100% of electricity is renewable. MSC certified fish, eggs for sale and in products are free range, high welfare standards for meat. They run their own wind farm and use micro generation. Also committed to reducing packaging.

**M & S:** Fairtrade food and clothing. Aiming to be carbon neutral by 2012. MSC fish and mostly free range eggs and meat.

**Sainsbury's:** Good selection of fairtrade food and all own brand tea and coffee are fairtrade. Best supermarket for recyclable packaging, and every branch is linked to charities to give away spare food. Stocks selection of MSC fish, free range meat and eggs.

Other stores, such as Tesco, stock a variety of free range, fairtrade and MSC products, but the three above are the most ethical overall.

## *Bakeries*

### **Gibbons' Bakery**

Mon-Fri 8.15am-1pm & 3-4pm, Sat 8.15am-2pm

01865 242 695

16 Hertford St, (just off Magdalen Rd, East Oxford)

Little bakery run by Roy Gibbons' family for over four generations. The last independent bakery in Oxford.

### **Nash's Bakery**

01865 242 695

Covered Market

Use the "best locally grown wheat flour" milled in Oxfordshire by Clark's of Wantage. Wide range of breads and cakes.

## *Organic and free-range Butchers*

### **M Feller, Son & Daughter**

Covered Market

01865 251164 [mfeller@mfeller.co.uk](mailto:mfeller@mfeller.co.uk)

Family-run business selling organic British meats, including game.  
Soil Association certified and friendly.

### **Alcock Family Butchers**

Tue - Fri 8am - 5pm; Mon closed, Sat 7am - 1pm.

Tel. 01865 515658

273a Banbury Road, OX2 7JF

Organic and additive-free meat.

### **W Alder**

Tel. 01865 248524

224 Cowley Road, OX4 1UH

Alder's has a range of fresh meats including game and some organic, along with local eggs and preserves. Delivery service available.

### **Park Farm Food**

Tel. 01865 883336 Email: [enquiries@parkfarmfood.com](mailto:enquiries@parkfarmfood.com)

Park Farm Estate, Witney OX29 5SS

Additive free, organic meat. Telephone to order: 01865 883336

Free delivery in Oxon and Gloucs.

## *deli*

### **Bon Appetit**

2 North Parade Avenue

Delicatessen, and whole foods. Home-made ice cream and veggie food.

### **Taylor's Deli**

239a Banbury Road, Summertown, Oxford OX2 7HN

Local and continental local breads, cakes, cheeses and meats  
.Coffee and sandwich bar.

### **Woodstock Road Deli**

Woodstock Road, just by Little Clarendon St

Sister shop to the Alpha Bar and the Oxford Cheese Company in the Covered Market. Cheese, wine, sandwiches.

## *Fish*

It is currently debatable whether truly sustainable fish actually exists at the moment, so avoiding it where possible is probably best. However, if you are buying fish, look for the Marine Stewardship Council (MSC) logo, as this is the best certification

currently available. See the below link to search for certified brands and restaurants. <http://www.msc.org/where-to-buy/product-finder>



**Marine Stewardship Council**  
Certified sustainable seafood

## *MARKETS*

### **Covered market**

Monday- Saturday 8.30am - 5.30pm Sunday 10am - 4pm

Entrances off Cornmarket and High Street, Fresh fruit, vegetables, breads and cakes, meats, cheeses and seafood.

<http://www.oxford.gov.uk/PageRender/decCL/OxfordCoveredMarket.htm>

### **East Oxford Community Market**

Saturdays 10am-1pm

In the school behind the Tesco Metro car park on Cowley Road. Can buy locally produced (and organic) bread, meat, eggs, milk, vegetables, jams and spreads as well as a good range of cakes and cooked snacks. Also a café.

[www.eastoxfordmarket.org.uk](http://www.eastoxfordmarket.org.uk)

### **Gloucester Green Farmers' Market**

1st and 3rd Thursday of every month, 9am-3pm

Gloucester Green

Bread, vegetables, apple juice, jams and condiments, cheese and meat. V. good selection.

### **Wolvercote Farmers' Market & Café**

Sundays 10am - 1pm

The Primary School, First Turn, Wolvercote, (North) Oxford

[www.wolvercotefarmersmarket.co.uk](http://www.wolvercotefarmersmarket.co.uk)

### **Sandy Lane Farm Co-operative Market**

Sandy Lane Farm, Tiddington, OX9 2LA

Everything is either from the farm or locally/sustainably sourced, Local, organic seasonal fruit and veg, local meat, home-made cake

## *Veggie Boxes- Organic and Local*

### **Tolhurst Organic** Hardwick

Delivery to collection points throughout Oxford on Weds & Thurs

For Oxford city delivery, call Jane Ivemey: 01865 556151

/organicobox@yahoo.co.uk

Part of the Vegan Organic Trust. Veg bag sizes vary in cost from £7-£13, and contain seasonal produce, the bulk of which is from the farm, near Reading. Fruit comes from further afield (but not by aeroplane) and bags are from £4.50-£11.75.

### **Close to the Veg** Little Wittenham, Oxon

Delivery to Oxford.

07760 483267, info@closetotheveg.co.uk, www.closetotheveg.co.uk

Delivers £10 bags of seasonal vegetables.. Most of the produce is grown on site, or bought in from other growers as nearby as possible. Not certified organic, but is managed on the same principles.

### **North Aston Organics** North Aston

Deliver organic boxes to drops in parts of Oxford

Tel 01869 347702. 24 hr answerphone and someone in the office most Mondays. Soil Association Certified growers with a "no air freight" policy. Seasonal veg and herbs, bought in organic fruit, eggs and milk.

### **Veg in Clover** Sandy Lane Farm, Tiddington

Delivered to your door, Fridays.

Tel 01865 427359 for Veg in Clover or 01844 279269 for Sandy Lane Farm. Seasonal veg are grown at Sandy Lane Farm, supplemented by vegetables grown by other local growers or grown within Europe. All the vegetables are certified organic. Boxes picked up on delivery and recycled.

### **Coleshill Organics-** Swindon

Delivered to Oxford collection points on Thursdays.

01793 861070 or [emailorders@coleshillorganics.co.uk](mailto:emailorders@coleshillorganics.co.uk) £10 weekly box of veg for 4-5 people. They also offer eggs and fruit.

### **Witney Veg and Worms** Witney

07515 372480 kathy.godwin@tiscali.co.uk

Onions and potatoes available by the sack

### **Riverford Organic Vegetables Ltd** Standlake

Oxford delivery

Oxford distributor: Jake 01865 249854 General No: 0845 600 2311 £8-£15 (includes delivery), seasonal veg and fruit and can include milk, eggs, juice, jam and meat as well as a variety of organic veg and fruit ethically sourced and delivered. 80% of the veg and fruit from their co operative of farmers in North Hampshire and

Southern England.

### **Abel & Cole Organic Home Delivery, London**

Home delivery.

Tel. 0845 262 6262 [organics@abel-cole.co.uk](mailto:organics@abel-cole.co.uk)

70% UK-grown seasonal fruit & veg plus extras including dairy (Yeo Valley, Rachel's), meat, fish, beer, wine, soft drinks, tinned & dried goods and cleaning products (Ecover), all of which can be ordered on a 'pick-your-own' basis. From £10

## ***DRINKS***

### *Alcohol*

In terms of production, cider is generally agreed to cause the least environmental damage and spirits the most. Avoiding imported alcohol is one of the best things you can do. There are local Oxfordshire ales, ciders and wines available. The list of products cannot be conclusive, but we've aimed to provide a selection of local producers, brands and product names.

## ***ABS***

### **BREWERIES**

#### **Compass Brewery**

Range of beers, offer personalised labels. Online shop and other retailers around Oxfordshire including, Classic Wines, (254 Cowley Rd), East West Provisions (61a Woodstock Road), Oddbins (High Street, Little Clarendon Street)

Compass Brewery

6 Compass Close

Oxford OX4 3SX

UK

Tel: (0)7988 928 724 Email: [info@compassbrewery.com](mailto:info@compassbrewery.com)

[www.compassbrewery.com](http://www.compassbrewery.com)

#### **Wychwood**

<http://www.wychwood.co.uk/>

Wychwood Brewery, Eagle Maltings, The Crofts, Witney, Oxfordshire, OX28 4DP. Telephone: +44 (0)1993 890 800

#### **Chiltern Valley**

Wide selection of ales in casks and bottles. They have their own shop and also deliver.

<http://www.chilternvalley.co.uk/winery.html>

Old Luxters Vineyard, Hambleden, Henley-on-Thames, Oxfordshire RG9 6JW, UK

Tel: 01491 638330 email: [enquiries@chilternvalley.co.uk](mailto:enquiries@chilternvalley.co.uk)

### **Shotover Brewery**

Small family craft brewery very local to Oxford (4 miles from Carfax). Strongly branded on Oxford, only sell bottled beer to local independent outlets and cask ale is only available in the Oxford area, personally delivered. Bottled beer is unfiltered, bottle conditioned and suitable for vegetarians. Malt is sourced from the nearest traditional maltings (Warminster) and they use Oxfordshire hops whenever possible.

The Shotover Brewing Company Ltd, Coopers Yard, Manor Farm Road, Horspath, Oxford, OX33 1SD

Tel: 01865 876770, Mob 07801 570444

Email: [ed@shotoverbrewing.com](mailto:ed@shotoverbrewing.com)

<http://www.shotoverbrewing.com/>

### **OTHER LOCAL BRANDS**

**Butt'ox Core**

**Churchill IPA**

**Triple B**

**Pride of Oxford**

**Hobgoblin**

**Marshmellow**

**Hooky**

**Adnams** launched the first ever carbon neutral beer in 2008 called Adnams East Green.

**<http://www.oxfordshireales.com>** have a selection of seasonal ales, which you can buy in Tesco.

### *Wine*

There are a growing number of English wines available, including some from Oxford vineyards. Wine in tetra paks (now widely recycled) reduces the volume which needs to be collected, cutting down on emissions.

### **Brightwell Vineyard**

Award winning wines. Available from onsite shop, mail order and some Oxford retailers including Hayman's Fisheries and Cherwell Boathouse.

Brightwell Vineyard, Rush Court, Shillingford Road, Wallingford, Oxon, OX10 8LJ

Tel: 01491 832354 Email: [info@brightwellvineyard.co.uk](mailto:info@brightwellvineyard.co.uk)

### **Bothy Vineyard**

Award winning wines. Committed to minimising environmental impact. Shop open 10-5 every Friday and Saturday but will close at the end on November. Buying wines outside opening hours can be arranged by getting in contact.

<http://www.bothy-vineyard.co.uk/>  
 Sian and Richard Liwicki, Bothy Vineyard, Faringdon Road, Frilford Heath, Oxon OX13 6QW  
 Tel: 01865 390067 E-mail: [office@bothyvineyard.co.uk](mailto:office@bothyvineyard.co.uk)..

### **Chiltern Valley**

Selection of Sparkling, White, Rose and Red wines

### **Fawley Vineyard**

Grange Farm, Swerford, Oxfordshire, OX7 4AX  
 Tel: 01608 737313  
 Email: E-grangefarm3@onetel.net

### **Hendred Vineyard**

More award winning wines! Stocked by the Oxford Wine Company and at [greatenglishwines.co.uk](http://greatenglishwines.co.uk) or can be collected from the vineyard.

Hendred Vineyard. Allins Lane, East Hendred OX12 8HR  
[hendredvineyard@btinternet.com](mailto:hendredvineyard@btinternet.com)

### **Linch Hill Vineyard**

Linch Hill, Stanton Harcourt, Oxfordshire, OX29 5BB  
 Tel: 0777 55 83 737  
 Email: [dr@lhvineyard.wanadoo.co.uk](mailto:dr@lhvineyard.wanadoo.co.uk)

## *Cider*

### **OXFORD**

**Upton Fruit Farm-** Shop closes between August and April.

**<http://www.uptoncider.co.uk/>**

Upton Fruit Farm, Upton, Didcot, Oxfordshire OX11 9J

### **NEIGHBOURING COUNTIES**

#### **Barbourne Cider**

[www.barbourncider.co.uk](http://www.barbourncider.co.uk)

#### **Knight's Cider and Perry**

[www.knightscider.co.uk](http://www.knightscider.co.uk)

#### **Lambourn Valley Cider**

[www.lambournvalleycider.co.uk](http://www.lambournvalleycider.co.uk)

#### **Minchew's Real Cyder and Perry**

[www.minchews.co.uk](http://www.minchews.co.uk)

#### **Orchards Cider & Perry Co.**

[www.orchardsciderandperry.com](http://www.orchardsciderandperry.com)

#### **Day's Cottage Cider**

[www.applejuice.care4free.net](http://www.applejuice.care4free.net)

#### **Tardebigge Cider**

[www.tardebiggecider.co.uk](http://www.tardebiggecider.co.uk)

<http://www.tuttsclumpcider.co.uk/>



## *Spirits*

Whiskey is the greenest spirit to produce, followed by vodka and gin, with rum and tequila production being the most wasteful. The following alcohol brands are produced in England, although this list is by no means extensive.

### *Whiskey*

The English Whisky Co. Single malt whiskey made in Norfolk.

### *Gin*

**Bafferts Gin**- London  
**Beefeater Wet Gin**  
**Bombay Sapphire**  
**Boodles**  
**Booth's**  
**Brockmann's**  
**Broker's**  
**Bulldog Gin**  
**Gilbey's**  
**Gordon's**  
**Greenall's**  
**Jenson's Bermondsey**  
**Juniper Green Organic**  
**Old Raj**  
**Old Tom**  
**Pink 47**  
**Plymouth Gin**  
**Tanqueray**  
**Tower of London**

### *Vodka*

**Black Death** -several flavours  
**Chase Vodka**  
**Don Cossack**  
**Grants**  
**Karinskaya**  
**Sergei**  
**Tanqueray Sterling Vodka**  
**Utkins UK5 Organic Vodka**  
**Vladivar Vodka**

### *Rum*

**Posser's Rum**

### *Tequila*

**We are yet to find one made in England! Let us know if you do!**

## **NON-ALCOHOLIC**

**Fairtrade tea and coffee** can be found in most shops.

Fairtrade@ St.Michael's has a probably the largest selection in Oxford.

**Monday-Saturday 10am -5pm**, underneath St.Michael's church at the end of Cornmarket.

**Milk:** Local, organic milk can be delivered by Milkandmore. (<http://www.milkandmore.co.uk/>) They also collect the bottles to reuse.

Local milk from North Aston dairy can be bought on Saturdays from East Oxford Farmers' Market and on Sundays from Wolvercote Farmers' Market.

## **VEGWARE**

**Biodegradable hot and cold cups, crockery and cutlery etc**  
[http://www.vegware.com/biodegradable-disposable-catalogue/cat\\_76.html](http://www.vegware.com/biodegradable-disposable-catalogue/cat_76.html)

<http://nvyro.com/>

Also edible!

<http://www.compostablepackaging.co.uk/>

<http://www.allianceonline.co.uk/catering-disposables/environmentally-aware.html>

<http://compostme.co.uk/>

<http://www.packnwood.co.uk/>

Wooden products.